



Choosing Your Confirmation Name

You have a couple of options in choosing the name by which you wish to be confirmed. One option is merely keeping the name by which you were baptized. This is the name by which you were first called God’s son or daughter. This is a perfectly acceptable practice.

It is an ancient tradition however that those entering into a deeper relationship with God have also a change in their name to signify this new stage in their life. For example Abram’s name was changed to Abraham and Simon became Peter. Throughout the centuries new Christians and those entering into religious life often took new names to show their new relationship with Christ and His Church. The same tradition has also been associated with the sacrament of Confirmation.

If you decide to take a confirmation name it needs to be that of a saint and this saint, whose patronage you request, should exemplify something that is significant to you. Perhaps they are patron saint of something that is important to you, have lived a life that you find inspiring, or have some other quality that you find worthy.

Here are some sites that might help you choose a patron saint whose name you might want to adopt:

<http://www.catholic.org/saints/>

<http://wordbytes.org/saints/names.htm>

Those who choose a new name will need to fill out the attached sheet. Your teacher will give you a due date for your confirmation name in the fall.



Your Name:

Your Confirmation Name:

Why did you pick this saint? (Let me know that you know this saint and why he or she is important to you. You can use the back of this sheet if necessary!)

