

What's for Breakfast?

Well, it could be biscuits and sausage gravy; scrambled eggs, biscuits and bacon or sausage; or maybe juice and fruit and coffee (and probably biscuits).

That menu may not be precise, but if you're a guy and want to attend the Men's Breakfast Club, the word is that the food is good, the company great, the conversation exceptional and no one fights over the bill because the meal is free.

And Bert Brownfield, one of several men who organize the breakfasts about 10 times a year, says with a smile that "it's okay to throw in the word 'gourmet' when talking about the food." He credits the most excellent cooks, brothers (and group attendees) Matt and Rob Wyszynski.

The faith and food events are held on random Saturday mornings in Z Hall, the dates depending on the room's availability.

But it's not the food that makes the men's group a parish ministry.

Bert explains that in most parishes men are an "underserved population. Sometimes it's hard for men to share feelings about faith and prayer life. Most of the avenues to do this are through couples groups, and because women share more freely, men often take less of an active role."

Bert, who with Harry Sivec and several others sets up the dates, says, "our purpose originally was to find some place for men to get together...to discuss Catholic issues." John Anderson usually sets up the program, finds speakers and acts as M.C.

Speakers run the gamut from a man who lives and shares his faith with street people, to Jerry Faust, former Notre Dame head football coach, to parishioner Hank Hudson talking on the Bible.

"More often than not someone witnesses to his faith and how calling on God (helped to) change his life," Bert says, adding that the group sometimes just talks about Catholic issues "or how the pope is doing."

While no one claims that sports are never discussed when 30 to 35 men (aged in their 30s on up) gather for the breakfasts, the focus is on faith issues.

So, men—watch the bulletin for announcements of breakfasts in the new year or contact Bert Brownfield for more information at 330-864-1708 or rbsdad@aol.com

MY UB COLUMN DEADLINES FOR 2015

Here are the projected publication dates (and deadlines for first issues of the month) through the end of the diocesan fiscal year:

Jan. 16 (7-9 deadline) -- Catholic Schools Week in January

Feb. 13 (4-6 deadline) -- Valentine's Day; 2/18 Ash Wednesday

March 13 (4-6 deadline), -- 3/27 will be the Easter issue

April 10 (1-3 deadline)

May 8 (April 29-May 1 deadline), -- graduation month, Mother's Day, Memorial Day

June 5 (May 27-29 deadline), 19 (10-12 deadline) -- Father's Day/maybe the last UB issue???

Hope this helps. Let me know if you want to continue writing the first issue of the month or switch to the second issue. (I chose the first, requesting the option to write in last issue—which would be 2nd issue of month—of publication if possible)